**Diabetes Priority Project – next steps overview**

**Current position 13/10/2023**

* Project “live” phase closed
* Snapshot “100” questionnaires in system
* Focus Group conversations insights recorded
* Main Report – content organised
* Your Health Partnership – 950 questionnaires in system

**Next steps (Phase 1)**

* Write up and circulate Focus Group insights as information resources
* Extract and analyse “Snapshot 100” questionnaire results
* Create Main project report with formal recommendations for sign off & distribution

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| **Task** | **Priority order** | **Deadline** | **Notes** |
| African Caribbean Focus Group report | 1 | 27/10/2023 | Black History Month October.  Report format = information resource to help enable and empower AC community based diabetes prevention/management.  **To reference Main project report where headline findings & recommendations will be formally embedded.** |
| South Asian Focus Group Snapshot | 2 | 31/10/2023 | 2-page snapshot of engagement & findings & promotion of Phase 2 project work.  **To cross refer to Main project report and recommendation for partnership working on raising awareness/preventative agenda on Diabetes.** |
| Older/Elderly People insight report | 3 | 9/11/2023 | Create a stand-alone information resource to highlight initial project engagement findings.  **To cross refer to Main project report and recommendation that services undertake targeted review work with elderly vulnerable with diabetes and carers.** |
| Extract, analyse, record “Snapshot 100” questionnaire data | 4 | 9/11/2023 | Output a key part of Main project report.  ECS to assist (TBC) |
| Write up Main project report | 5 | 31/12/2023 | 1,2,3,4 all feed into Main report & refer to 6.  To cross- refer to 1,2 &3 information resources and incorporate all formal project recommendations.  Report to be signed off and published by 31st March 2024.  Proposed to submit to Sandwell Scrutiny Board by 31st March 2024 (?) |
| Your Health Partnership questionnaire data | 6 | 31/01/2024 | Late submission of 950 on-line questionnaires from YHP PCN patients with diabetes/pre-diabetes (?) from 7 GP Practices (affiliated with SWB NHS T & with embedded diabetes clinician team)  Skews overall data – looking more positive than “Snapshot 100” Sandwell overall picture. A potentially useful analysis process and learning for service improvements across Sandwell PCN’s & within YHP.  Produce a summary report based on data results and comment on any significant differences compared to HWS Diabetes main report findings.  Help from ECS needed (TBC) |

**Phase 2**

Introduction

People from Black African, African Caribbean and South Asian backgrounds are at risk of developing type 2 diabetes from the age of 25. This is much younger than the white population, as their risk increases from 40.  <https://www.diabetes.org.uk/preventing-type-2-diabetes/diabetes-ethnicity>

The original Diabetes project scoping recognised the higher prevalence and risks outlined above and proposed to look at diabetes awareness, diagnosis and management with people from Black African, African Caribbean and South Asian backgrounds. Additionally to explore any cultural aspects/barriers/impacts, language issues, health inequalities insight and any specific service or support needs identified.

The overall initial project timeframe proposed a Phase 2 stage to the project in anticipation that there would be more priority work focus emerging from the initial project engagement and insight. The original proposal being to scope insight gathered on health inequalities experienced within these ethnic minority groups which may then form part of 2024/25 priority project work.

Phase 1 findings

Phase 1 findings have confirmed that there are differences in diabetes risks, awareness, experiences and receipt of health, care and support services for people from Black African, African Caribbean and South Asian backgrounds. The information resource mini-reports will provide the detail and recommendations will be embedded in the Main project report.

Headline findings summary:

* **Black African Caribbean community** – less awareness/understanding of diabetes and managing the condition, concerns re foods available/cultural diet – recommendation investment/support for “grass roots” community champions/education programmes, higher risks – recommendation early screening programme
* **Black African** – low awareness/recognition/understanding of diabetes and risks, concerns from VCS re obesity/diet including western convenience foods/fizzy drinks, language and cultural barriers in access/receipt of health, care, support
* **South Asian** - low awareness/recognition/understanding or diabetes & risks, lack of culturally specific information/support including around foods/cultural diet concerns, illness can be a hidden/unspoken problem, family responsibilities impact on health management

**Phase 2 outline proposals** (for discussion/agreement in principle)

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| **Group** | **Outline project work proposed** | **Timeline** |
| African Caribbean | Share the Focus Group mini-report as an information resource to:   * Help enable and empower African Caribbean communities to self-advocate * Inform key partners on specific issues and encourage investment/support for “grass roots” community diabetes initiatives   Promote and inform on the Focus group mini-report and Project Main report to African Caribbean support organisations/groups and other interested parties as requested/relevant. E.G. WBACRC – awareness programme Jan/Feb 2024 | Nov 2023 – Review Oct 2024 |
| **Black African Communities** | Some insight gathered (mainly through Somalian Women’s group) via Ileys Community Centre, who provide services, including interpretation services, for a wide range of ethnicities including newly arrived people. <https://www.ileyscommunity.org/>  Positive working relationships developing with several key contacts at Ileys. Approach needs to be an in-person presence with trusted people integrating into events – proposing to continue developing the relationships in a partnership working approach to ensure improvements in diabetes awareness and risk management.  Work to focus on gathering specific insight, ensuring better links to relevant diabetes services, information and support. Write up mini-report & consider next steps. | Dec ‘23/Jan ‘24 – review Oct 2024 |
| **South Asian** | Positive connection with DesiDiabetes established (provide South Asian specific diabetes awareness/management courses & resources including in other languages). To promote service via reports. Link made with BC ICB Transformation commissioners. <https://desidiabetes.co.uk/>  NHSE led a Healthier Sandwell engagement programme with South Asian VCS organisations and communities Aug-Oct. A missed opportunity. Some contact links made – hoping to follow up to capture local insight and develop on programme links.  Work to focus on gathering specific insight, ensuring better links to relevant diabetes services, information and support. Write up mini-report & consider next steps. | Dec ‘23/Jan ‘24 – review Oct 2024 |