



Portway Family Practice World Day Diabetes Day

Where did the idea come from?

We already do a carers coffee morning and thought it would be good to expand on that.

Each patient was advised to have blood sugars tested to find out if they had diabetes, and known diabetics could get further support for the condition.

For people that are eligible, it was possible to get Freestyle Libre fitted.

Patients also could have blood pressure checked, weight taken and advice on diabetes.

Comments from the patients that attended. Marvellous, I've enjoyed it.

My nurse told me to come to it and I thought I had better.

I was interested to see what is all about.

Good, got some info.





Carers Coffee Morning

It was a themed session for Dementia Awareness Week.

Where did the idea come from? We have quite a few patients that are unpaid carers. They are often forgotten and left to get one with things.

Comments from the patients that attended.

Are you a unpaid carer that is wanting to be more social or support? Do you want to be part for your Patient Participation Group (PPG)? Please contact your surgery, Portway Family Practice and they can sign up for the groups.

Tel: 0121 612 3424

It's good to meet other carers." "I like the break and getting to meet other people."

> "Good to have somewhere to go, as this is my only break from caring."



Would you like to be next to showcase what your GP surgery is doing to improve the patient experience?

Please contact Melissa Elders - Community Outreach Lead 078852 14547 email:

Melissa.Elders@healthwatchsandwell.co.uk

