



## Bearwood Medical Centre Diabetes Awareness & PPG Meeting

This was launch event for Bearwood Medical Centre with a restart of PPG meetings in person. It was an opportunity for patients to find out more about diabetes, cholesterol, update on PPG, social prescriber introduction and how to sign up for the next meeting.

Patients were also given bags with further information on diabetes and was offered the option for further diabetes support from a Social Prescriber.

This will be followed up with a series of health awareness over the coming months.



### Comment from Practice Manager:

“We are pleased with the outcome of the event, especially with this being the first since the pandemic.”



## Practice update

- The practice now advises patients to call at 10.00am or 3.00pm for non-appointment issues or review queries.
- Reception staff will be undergoing care adviser training to help assist patients more effectively.

20 patients attended.

### Comments from the patients that attended.

"I've learnt something today and it's been helpful."

"It is proactive way of supporting patients."

"I found it very helpful. Having doctor present was very helpful and I felt I received the correct information needed to make changes and prevent myself from developing diabetes. I'm grateful for the information pack we received to help educate us in choosing healthy food and enabling us to read labels properly. Thank you."

"Thank you so very much to everyone concerned at the Bearwood Medical Practice. It was well worth the visit, both helpful and informative."

"I thought the meeting was very helpful and interesting."

Would you like to be next to showcase what your GP surgery is doing to improve the patient experience?

Please contact Melissa Elders – Community Outreach Lead  
078852 14547 email:  
[Melissa.Elders@healthwatchsandwell.co.uk](mailto:Melissa.Elders@healthwatchsandwell.co.uk)



## Upcoming events

  
EARWOOD MEDICAL CENTRE

**World Mental Health Day**

EARWOOD MEDICAL CENTRE

**MINDFULNESS YOGA**

**FREE SESSION**

Join us for a drop in mindfulness yoga session at Bearwood Medical Centre in support of World Mental Health Day .

**DATE**  
TUESDAY 10TH OCTOBER 2023

**TIME**  
12.30pm - 1.30pm

**ADDRESS**  
176 Milcote Road , B67 5BP

**PHONE**  
0121 429 1572



See poster for sign up details.

  
World Mental Health Day

**Mental health matters**

  
WORLD MENTAL HEALTH DAY  
October 10th



See poster for sign up details.

  
BEARWOOD MEDICAL CENTRE

**LET'S TALK... ASTHMA**

**PATIENT PARTICIPATION GROUP**

**TUESDAY**  
31st October 2023

**START AT**  
1 PM

Are you interested in finding out more about the health services available at Bearwood Medical Centre & influence the way local health services are developed? Join us for a tea & coffee afternoon!

We are pleased to invite you to attend and participate in our event aimed to increase awareness around the topic and get an opportunity to engage with healthcare professionals.

Email us on  
[Bearwoodmedicalcentre@nhs.net](mailto: Bearwoodmedicalcentre@nhs.net)  
Call to speak to Sonya on  
**0121 429 1572**





BEARWOOD MEDICAL CENTRE

# MEMBERS

# NEEDED

- OPPURTUNITY TO HELP IMPROVE YOUR GP
- GAIN AN INSIGHT INTO NEW SERVICES AND OFFER FEEDBACK
- LEARN MORE ABOUT THE NHS AND CONTRIBUTE TO THE WIDER COMMUNITY

JOIN OUR  
PPG

Complete a membership Form in  
*Surgery Today!*

Submit your interest to:  
[bearwoodmedicalcentre@nhs.net](mailto:bearwoodmedicalcentre@nhs.net)

**Register Now!**

For More Information, visit our Website :  
[www.bearwoodmedicalcentre.com](http://www.bearwoodmedicalcentre.com)

